

Cuda Counseling PLLC



Andre Cuda

336 East State Street

Herkimer, NY 13350

(315) 866 – 0100

drecudaLCSW@cudacounseling.com

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To Our Valued Community Members,

We know that there's widespread concern in our community, and throughout New York State, about the Coronavirus Disease 2019 (COVID-19), and we want you to know that the health of our community is our top priority at Cuda Counseling.

For health care providers on the front lines, we understand that the impacts of these trying times can be overwhelming and anxiety provoking. We have so much admiration and gratitude for the health care workers of our community and the work that they do every day, especially during times like these. During these events it is important to keep well-being in mind and address added stress. We want you to know that our team of licensed mental health professionals is here, should anyone need support during these uncertain times.

At this time, we are currently offering our services via telehealth (online) video sessions, or telephone calls, in order to provide a safe and healthy alternative to serving our clients.

We are also currently accepting NEW referrals!.

We participate with a variety of health plans including Fidelis, Excellus BC/BS, CDPHP, and EAP, among others. Due to the expanding concerns regarding COVID-19, many health plans are currently waiving deductibles and/or copays, enabling us to serve more clients in a timely and efficient manner.

For any further questions please contact our office or visit our website:

(315) 866 – 0100

www.CudaCounseling.org

Regards,

Andre Cuda, LCSW-R

Owner at Cuda Counseling